## EDUFRIENZ

# Social Emotional Learning Program Overview



# Importance of Social Emotional Learning

**Academic Success:** Strong social and emotional skills are connected to better academic performance. By learning about emotions, staying focused, and building friendships with classmates empowers children to become engaged learners and reach their academic goals.

**Social and Emotional Well-being:** Children learn to navigate social situations, build healthy relationships, and develop emotional resilience, empowering them to manage stress, cope with challenges, and build self-esteem.

**Positive Life Choices:** Teaches children to make sound decisions, understand consequences, and develop empathy, SEL sets them on a path of positive choices throughout their lives, promoting responsible behavior, healthy relationships, and overall well-being.

## EduFrienz Social Emotional Learning Program

Meet our Edufrienz characters:



Introducing the SPARK Frienz characters! Curated as Developmental Companions for our young children, these friends aim to support nurturing content and resources for their character-building journey. Representation in literature and media is a powerful tool for teaching children socio-emotional learning.

How characters are portrayed - their physical characteristics, backgrounds, goals and abilities - sends powerful messages about themselves, the people around them and the environment in which they live. These representations act as a lens through which children can interpret the world. Children are visual learners, and representation images can help them to develop better understanding and thinking. (*Robinson and Alibali, 2008*)



The child who has been given the opportunity to put intot practice what he has learned experiences a joy which is almost inexpressible. It is this joy which pushes him on to further conquests. (Montessori, 1967, p. 193)

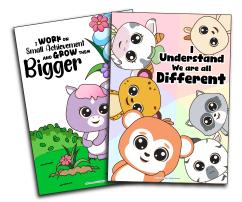
#### **Our Products:**



#### **Educational Videos**



Ebooks



Affirmation Wall Art



#### Digital Printable Poster



**Activity Books** 



#### **Lesson Plan & Presentation**



### **Coloring Activities**





## **Digital Stationery**



### **Targeted Learning Areas:**

	English/ Communication	Socio-emotional
Foundation I Level 1 (Ages 5-6)	<ul> <li>Learn and use basic vocabulary related to self and others</li> <li>Use descriptive words</li> <li>Follows simple instructions</li> </ul>	<ul> <li>Basic awareness and management of emotions</li> <li>Following basic rules and routines</li> <li>Basic social skills</li> </ul>
Foundation II Level 2 (Ages 6-8)	<ul> <li>Expand vocabulary</li> <li>Write simple descriptive sentences</li> <li>Active listening</li> </ul>	<ul> <li>Understanding of a wider range of emotions</li> <li>Development of social skills</li> <li>Basic problem-solving and decision making skills</li> <li>Sense of responsibility</li> </ul>
Foundation III Level 3 (Ages 8- and above)	<ul> <li>Develop more vocabulary</li> <li>Use adjectives and adverbs in making descriptions</li> <li>Write simple paragraphs, stories and poems</li> </ul>	<ul> <li>Self-control and self-discipline</li> <li>Responsible behavior</li> <li>Confidence in social interactions</li> <li>Making ethical decisions</li> </ul>

#### Edufrienz Suggested Social Emotional Learning Topics

Foundation I Level 1 (Ages 5-6)			
	Intro to SEL Honesty, Emotions Being Considerate Being Caring, Respect Kindness	Responsibility Patience Being Helpful Politeness Gracefulness Values Courageous	Curiosity Confidence Empathy Appreciation Persistency Sharing Giving and more
Foundation II Level 2 (Ages 6-8)			
Foundation III	Self-awareness Integrity Social Awareness Gratitude Compassion Being Understanding Self-Discipline Self- Motivation Being Committed	Managing Our Feelings Achieving Goals Self-Care Humility Habits Relationship Skills Teamwork Disagreements Asking for Help	Positive Mindset Making Choices Being Passionate Self-Esteem Perfectionism Defeat Modesty and more
Level 3 Ages 8- and above)			
	Reflection Mindfulness Fixed and Growth Mindset Prejudices Self-Efficacy Being Purposeful Being Influenced Culture Appreciate Diversity Inclusiveness Minimalism Social Responsibility Racial Harmony Sense of Belongingness	Self-management Failure Taking Initiatives Emotional Intelligence Social Influences Making a Difference Resilience Optimistic Being Unique Communication Managing Conflicts/ Conflict Resolution LeadershiP Problems Solving	Problems Solving Consequences Critical Thinking Open Minded, Judgemental, Responsible Decisions, Social Problems, Analytical, Negotiation Skills, Priorities, Time Management, Accepting Differences, Delaying Gratification and more
Special Lesson			
0.0	Digital Citizenship (Ethical behavior) Bullying Grief Stress	Cheating Managing Trauma Anger Management Safe and Unsafe Touch	Saving Money Digital Literacy (Use of Technology) Forgiveness and more

\*The above-mentioned topics for each level are for your reference only. The listed topics may be in-development progress based on our schedule.

#### **Social Emotional Learning Assessments:**

We will provide a comprehensive approach to the children's Social Emotional Learning progress. Additional reflection questions, observations, and progress trackers will enable you to track the school and the children's progress.

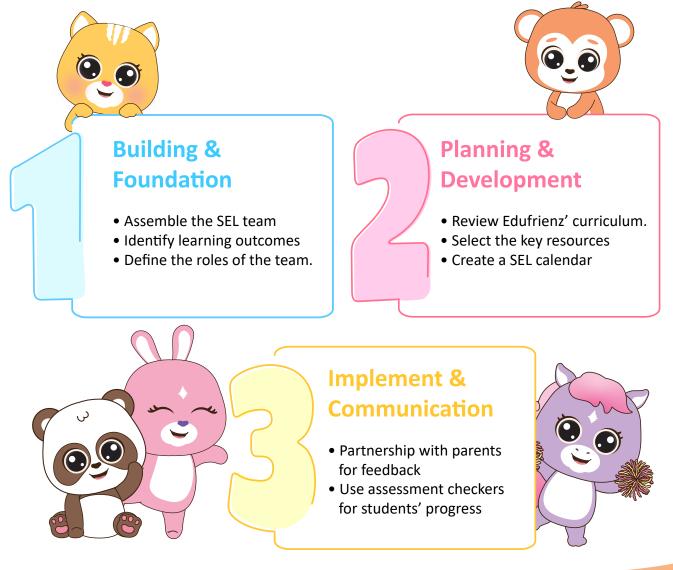
We also offer downloadable Social Emotional Learning badges, certificates, and digital stationeries to celebrate achievements and motivate further growth.



#### How to successfully integrate Social Emotional Learning in your school:

Our variety of Social Emotional Learning resources are designed to facilitate the ease of execution for teachers and parents. Leveraging our different products may aid you in delivering engaging and informative Social Emotional Learning lessons in the classroom or at home through the "plug and play" approach.

Our Social Emotional Learning Lessons Plan and Learn About series are well-structured, with each topic providing discussion points, related worksheet activities, lesson plans, and a presentation that visually complements the lesson. As supplementary resources, we have ebooks, educational videos, coloring activities, and even digital stationery to complement Social Emotional Learning teachings.





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